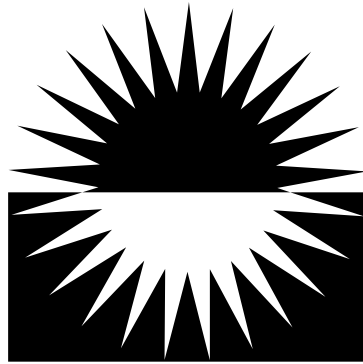


**ADULT RESOURCE
DIRECTORY**

FARMINGTON AREA



COMMISSION ON AGING

**“To promote the well-being and dignity of older
adults in our community.”**

INTRODUCTION

The Farmington Area *Adult Resource Directory* is published by the Farmington Area Commission on Aging. It lists, alphabetically by subject, services and activities available to older adults living in the Farmington area.

The directory will acquaint you with the many services available within our community.

Listings are for informational purposes only and do not imply an endorsement. Any omissions are unintentional and do not reflect the value of that agency or business. If you find an error in this publication, please notify the COA so that the next printing can be corrected. Services and programs provided through Farmington Hills Adults 50 & Better are listed in bold print and designated as such. The cost of production of this publication may be partially offset by advertisers. Although we cannot endorse them, we greatly appreciate their support.

For further information contact the

Farmington Area Commission on Aging..... (248) 473-1830

If you cannot find a listing to address your need in this directory, please call one or both of the following agencies for quick referral:

Farmington Hills Adults 50 & Better..... (248) 473-1830

United Way..... 211

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AGENCIES SERVING THE AREA'S OLDER ADULTS

**Farmington Hills Department of Special Services
Adults 50 & Better
Located in the Costick Center
(248) 473-1830
www.fhgov.com
28600 11 Mile Road
Farmington Hills, MI 48336**

Farmington Hills Adult 50 & Better provides adults with recreation, education, socialization, volunteer opportunities, referrals and services. If you are 50 years old or better, and live within the cities of Farmington Hills/Farmington, visit The Costick Center, 28600 Eleven Mile Road, between Middlebelt and Inkster Roads. (enter Gate 4, Door A) Hours are Monday through Friday 9 am - 4 pm. To register for programs, services or classes offered through the Senior Division or to obtain further information, please call (248) 473-1830.

AREA AGENCY ON AGING 1-B (800)852-7795

100 Northwestern Hwy., Suite 400
Southfield MI 48034

The Area Agency on Aging 1-B is a non-profit agency responsible for the services to more than 420,000 persons age 60 and older residing in Livingston, Macomb, Monroe, Oakland, St. Clair and Washtenaw counties. The Area Agency on Aging 1-B is one of the first places older adults, persons with disabilities and caregivers should call when help is needed. An Information and Assistance specialist can help callers locate information and related services available in the six counties. Information is available about the following services: Personal Care, Homemaking, Housing, Senior Centers, Adult Day Services, Support Groups, Assisted Living Facilities, Prescription Expense, Assistance, Home Delivered Meals, Care Management, Home Health Agencies, Chore Services, Legal Assistance, and more.

Lakeshore Long Term Care Ombudsman Program

(866) 485-9393 Director

(248) 552-3008 Legal Line

<https://mitcop.org/ombudsman-oaklandcounty>

This organization is a statewide, independent, non-profit organization that provides:

- information and advocacy to enhance the self-determination and well-being of long term care consumers in Michigan.
- assistance in planning for the care of frail, elderly, and disabled adults and information about particular nursing homes, homes for the aged and other long term care programs.
- information about the laws, rules, and regulations that govern nursing homes and provide assistance in resolving complaints about long-term care facilities and services.
- information on choosing a nursing home, nursing home residents' rights, Medicaid and Medicare benefits for long term care, long term care insurance and Medicare patients' rights when entering a hospital.

Oakland Livingston Human Service Agency

(248) 542-5860

www.olhsa.org

1956 Hilton Rd. tax assistance office

Ferndale, MI 48220

This community action agency offers programs that enable the low income elderly and disabled to gain knowledge and skills to become self-sufficient. Programs: Shower, tub, and toilet rails; Chore Services; Respite Care; Senior Employment; Prescription/Pharmacy Service; Guardianship; Phone Friend; Senior Centers; Major Home Repair/Rehabilitation; Home Ownership Assistance; Commodity Food Distribution; Food Stamp Distribution; Weatherization; Emergency Heating Assistance; Furnace Replacement; Information/Referral/Coordination of Services and more.

Administration on Aging

(800) 677-1116

(202) 401-4634

www.acl.gov

This site is designed to assist older persons with disabilities and their caregivers to obtain information and resources on a variety of aging-related topics. The information will help you become more familiar with issues affecting older adults, and the services and opportunities available to assist them.

Adult Day Services/Respite Care

Alzheimer's Association-Greater Michigan Chapter.....	www.alz.org/gmc	(248)351-0280
Area Agency on Aging 1B Out-of-Home-Respite (also referral source), www.aaa1b.org		(800)852-7795
Catholic Charities of Southeast Michigan, www.ccsem.org		(248)537-3300
Farmington Hills Adult Day Program		
(Farmington Hills Adults 50 & Better located in the Costick Center).....		(248)473-1872
National Family Caregivers Association.....	www.nfcares.org	
This site provides information about care giving for caregivers including grandparents raising grandchildren.		
Sheltering Arms Adult Day Health (Auburn Hills) www.ccsem.org		(248)537-3300

Chore Services

Home Chore Program (Farmington Hills Adults 50 & Better located in the Costick Center).....		(248)473-1830
Oakland County Home Improvement Program www.advantageoakland.com		(248)858-0493
Oakland Housing Counseling, www.oak.gov.com		(248)858-5402
Oakland Livingston Human Services Affordable Assistance Program www.olhsa.org		(248)209-2600

Crisis Assistance

Adult Protective Services.....		(855)444-3911
Alcoholics Anonymous.....		(248)332-3521
Alzheimer's Assn. 24/7 Helpline in 140 languages.....		(800)272-3900
American Red Cross (disaster preparedness for seniors) www.redcross.org		(800)774-6066
Catholic Charities.....		(248)334-3595
Citizens for Better Care (nursing home information).....		(866)485-9393
Long Term Care Ombudsman.....		(586)295-0367
Common Ground - 24 hr. Crisis Line, www.commongroundhelps.org		(800)231-1127
Domestic Violence Help Line (HAVEN).....		(877)922-1274
TTY.....		(800)787-3224
Elder Abuse (Nursing homes, not assisted living or foster care).....		(800)882-6006

HAVEN (24 Hour women’s domestic violence crisis line & shelter).....	(248)334-1274
Jewish Family Services.....www.jfsdetroit.org	(248)592-2300
MPRO/Michigan Peer Review Org. (for Medicare hospitalization questions) www.MPRO.org.....	(248)465-7300
Mich Dept of Human Services-Protective Services (adult, child abuse, neglect) HOTLINE.....	(855)444-3911
Customer Service (non-emergency).....	(855)275-6424
National Center on Elder Abuse (for data, fact sheets, & information on elder abuse, neglect, exploitation in U.S)www.ncea.aoa.gov	(855)500-3537
National Clearinghouse on Abuse in Later Life (for information on coordinating elder abuse prevention efforts with domestic violence & sexual assault programs)www.ncall.us	(608)255-0539
Neighborhood House Farmington/Farmington Hills.....	(248)871-2848
Oakland County Health Department.....www.oakgov.com/health	(248)424-7000
Dental Dept.....	(248)858-1306
Outreach Service Coordinator.....	(248)858-0213
Nurse on Call.....	(800)848-5533
Oakland Livingston Human Services Agency (Senior outreach) www.olhsa.org	(248)542-5860
Salvation Army, Farmington Hills.....	(248)477-1153
Samaritan Counseling Center (non-profit individual & family counseling).....	(248)474-4701
National Suicide Lifeline.....www.suicidepreventionlifeline.org	(800)273-8255
United Way Tel-Help (Information & Referral Service).....	Dial “211” only

Educational, Recreational, and Cultural Programs

The Costick Center, 28600 W. Eleven Mile, Farmington Hills.....	(248)473-1830
Farmington Community Libraries (contact the library for adult programs and classes)www.farmlib.org	(248)553-0300
Farmington/Farmington Hills Commission on Aging...www.farmlib.org/COA	(248)473-1830
Farmington Hills Golf Club, 37777 Eleven Mile, Farmington Hills.....	(248)476-5910
Farmington/Farmington Hills Multicultural/Multiracial Council at the City Manager's Office.....www.fhgov.org	(248)871-2500
Farmington Hills Adults 50 & Better.....	(248)473-1830
Farmington Public Schools Community Education Adult Programs Including English as a second language (ESL).....	(248)489-3827

Leisure Travel (Travel sponsored by the Farmington Hills Adults 50 & Better located in the Costick Center).....	(248)473-1823
Oakland County Parks.....www.destinationoakland.com	(888)OCPARKS (627-2757)
Oakland Community College (Orchard Ridge Campus)...www.oaklandcc.edu	(248)351-0280
Oakland County Library for the Visually & Physically Impaired Outreach Services Records.....	(800)774-4542
Road Scholar (formerly "elder hostel")www.roadscholar.org	(800)454-5768
Senior Adults Giving to Education (SAGE).....	(248)473-1822
Society of Active Retirees (SOAR)www.soarexplore.com	(248)489-0005

Exercise, Food and Nutrition

Exercise:

Farmington Hills Adults 50 & Better (Therapeutic Pool located in Costick Center).....	(248)473-1830
The Hawk Fitness Center, 29995 W. Twelve Mile, Farm. Hills.....	(248)699-6700
YMCA, Farmington Area (pool, fitness center, etc.) www.ymcadetroit.org/farmington	(248)553-4020

Food and Nutrition:

C.A.R.E.S. of Farmington Hills.....	(248)882-7800
Appointment	(248)474-8231
Emergency Food Assistance (United Way).....	Dial "211" only
Farmington Farmers' Market (fresh food from local growers) May–Oct @ Grand River/Grove Street seasonal on Saturdays	
Focus Hope.....www.focushope.edu	(313)494-4600
Food Bank of Oakland County (Gleaners food pantry).....	(313)923-3535
Forgotten Harvest (referral service).....	(248)967-1500
Jewish Family Services (Kosher meals-added fee)www.jfsdetroit.org	(248)592-2313
Lighthouse Emergency Services.....	(248)920-6100
Michigan (State of) Food Assistance Hotline.....	(800)481-4989
Neighborhood House	(248)871-2848
Nutrition Program at Farmington Hills Adults 50 & Better (<i>located in the Costick Center</i>) . <i>Home Delivered Meals / Meals on Wheels</i> . <i>Congregate On site Meals in Center for Active Adults, Costick Center</i> . <i>Liquid Nutrition Supplement</i>	(248)473-1825
Salvation Army.....www.salvationarmy.org or www.salmich.org	(248)477-1153
The Emergency Food Assistance Program (TEFAP).....	(248)473-1826

Financial and Tax Information

Area Agency on Aging 1-B Benefits Specialist.....	www.aaa1b.org	(800)852-7795
Department of Human Services (utilities, food stamps, general assistance).....		(248)262-6400
Federal Income Tax (Internal Revenue Service).....	www.irs.gov	(800)829-1040
Greenpath Solutions.....		(888)776-6735
State of Michigan Income Tax.....	www.mich.gov/taxes	(517)636-4486
Oakland County Office of Housing Counseling (foreclosure assist.).....		(248)858-5402
City of Farmington - Board of Review Appeals.....		(248)474-5500
City of Farmington Hills - Board of Review Appeals.....		(248)871-2470
City of Farmington Hills – Property Tax.....	www.fhgov.com	(248)871-2480
Tax Assistance provided by AARP Volunteers (Feb-Apr 15 th) (Farmington Hills Adults 50 & Better located in the Costick Center).....		(248)473-1830

General Information and Referral

Area Agency on Aging 1-B.....	www.aaa1b.org	(800)852-7795
Beaumont Hospital - Older Adult Services (senior hotline for information and referral).....		(800)328-2241
Catholic Charities.....		(855)882-2736
Centers for Medicare & Medicaid Services, www.medicare.gov.....		(800)633-4227
This site contains the "Guide to choosing a nursing home" which includes long term care options, definitions, payment for services and care, how to assess a nursing home, and a variety of issues related to nursing home living.		
Eldercare Locator (National Referral Service).....	www.eldercare.gov	(800)677-1116
A nationwide service that helps consumers find appropriate services for older adults in the area where you or your family member resides		
First Call for Help (United Way).....		211 (only)
Michigan Osteopathic Association (D.O.).....		(800)657-1556
Michigan Attorney General's Office Health Care Fraud Division.....		(800)242-2873
Medicaid Coverage (beneficiary hotline).....		(800)642-3195
Blue Cross/Blue Shield Fraud.....		(800)482-3787
Oakland County Community Mental Health Access.....		(248)858-1210
Oakland County Lawyer Referral		(248)338-2100
Oakland County Health Division Services for Older Adults	www.oakgov.com/seniors	(248)858-1280
Oakland County Medical Society (M.D.)		(248)646-4000

Oakland Helplink.....www.oaklandhelplink.org
 A resource directory for families and professionals to find help and
 events for people of all ages with special needs.

Health and Medical

Affordable Care Act (ACA) Insurance Marketplace.....	www.healthcare.gov	(800)318-2596
Alcohol/Drug Dependence.....		(800)662-4357
Alzheimer's Association (Detroit Area Chapter).....		(248)351-0280
Alzheimer's Disease Education and Bilingual Referral Center.....		(800)438-4380
ALS of Michigan.....		(248)354-6100
American Cancer Society.....		(800)227-2345
American Diabetes Association.....		(800)232-3472
American Heart Association (Michigan affiliate).....		(248)827-4214
American Lung Association of Michigan		(248)784-2000
American Parkinson's Disease Assn		(800)223-2732
American Stroke Association		(888)478-7653
Blue Cross/Blue Shield Senior Help Line.....	www.bcbsm.com	(855)327-3501
Beaumont/Farmington Hills.....	www.beaumont.org	(248)471-8000
Rehabilitation.....		(248)426-6910
Geropsychiatric Services.....		(248)471-8723
Physical Therapy.....		(248)471-8648
Physician Referral Service.....	www.botsford.org/doctors	(877)477-3621
Brain Injury Association.....		(800)444-6443
Centers for Disease Control.....	www.CDC.org	(800)232-4636
Deaf and Hearing.....		(248)473-1875
Greater Detroit Agency for the Blind.....		(313)272-3900
Dental Discount Card Program of Oakland County.....	www.nbcdental.com	(866)498-7914
Dental Health Council (Tri-County).....	www.dentalhealthcouncil.org	(248)559-7767
Diabetes Information Action Line.....	www.diabetes.org	(800)342-2383
Dream Foundation (grants wishes to terminally ill adults).....	www.dreamfoundation.org	
Epilepsy Foundation of Michigan.....	www.epilepsymichiganfoundation.org	(248)351-7979
Eye Care America, www.eyecareamerica.org		(800)222-3937

Farmington Hills Adults 50 & Better (blood pressure readings) (Located in the Costick Center).....	www.fhgov.com	(248)473-1830
Blood pressure readings and Flu shot clinic every fall.		
Fraud Hotline.....	www.michigan.gov	(800)447-8477
(To report suspected fraud against Social Security, Medicare, Medicaid, or any program run by the Department of Health and Human Services)		
Friends of Vision (Detroit Institute of Ophthalmology)....	www.henryford.com/dio	(313)824-4710
(loan and sell low vision aids)		
Hazardous Waste Disposal (Medical and other).....	www.rrrasoc.org	(248)208-2270
Health Insurance:		
Medicare & Medicaid Benefits Counseling (AAA 1-B).....	www.aaa1b.org	(800)803-7174
Medicare & Social Security Benefits.....	www.socialsecurity.gov	(800)772-1213
State Insurance Commission, Lansing (complaints)	www.michigan.gov/difs	(877)999-6442
To appeal decision on Medicare contact: Michigan Peer Review.....		(248)465-7300
Hospice:		
Angela Hospice.....	www.angelahospice.org	(866)464-7810
Arbor Hospice.....	www.arborhospice.org	(888)992-2273
Hospice of Michigan.....	www.hom.org	(888)247-5701
Karmanos Cancer Institute.....	www.karmanoscancercenter.com	(800)527-6266
Maple Grove Alcoholism & Chemical Dependency Treatment Center.....	www.henryford.com/body.cfm?id=54409	(248)661-6100
Medicare Part D - Medicare/Medicaid Assistance Program (MMAP).....	www.mmapinc.org	(800)803-7174
Medication Disposal, Farmington Hills Police Dept. 24/7.....		(248)871-2700
Mental Health Association in MI.....	www.mha-mi.com	(248)647-1711
Michigan Multiple Sclerosis Society.....	www.nationalmssociety.org/Chapters/MIG	(248)351-2190
Michigan Neurological Institute (Brain Injury)	www.michiganneurology.com	(248)553-0010
Michigan RX Card FREE Discount Prescription Card	www.michiganrxcard.com	(866)755-6479
National Cancer Institute.....	www.cancer.gov	(800)422-6237
National Osteoporosis Foundation.....	www.nof.org	(800)231-4222
National Stroke Association.....		(800)787-6537
Oakland County Public Health Information Hotline (programs for older adults and caregivers).....	www.oakgov.com/services	(800)848-5533 (248)858-1406

Oakland County Department of Human Services (to apply for Senior, 65 & older, Medicaid and/or Food Stamps).....	(248)262-6400
Oakland County Health Division	
Pontiac.....	(248)858-1280
Southfield.....	(248)424-7000
Office of Investigative Services (report fraud).....	(844)372-8356
Optical: Gift of Sight, Lenscrafters (MUST be referred from Haven).....	(248)334-1274
Parkinson's Foundation.....	(248)433-1011
Samaritan Counseling Center, SE Mich. (adjusted fee schedule).....	(248)474-4701
World Medical Relief (Rx financial assistance age 40 plus).....	(313)866-5333
Women's Cancer Network..... www.foundationforwomenscancer.org	(312)578-1439

Home Care Service

Community Care Management (Area Agency on Aging 1-B).....	(800)852-7795
Greater Oakland Visiting Nurses Assoc. of Waterford.....	(800)466-3234
Visiting Nurse Association of Southeast Michigan..... www.vna.org	(800)852-1232
Visiting Physicians Association.....	(248)352-2000

Home Safety and Medical Equipment

AT&T support (Special Needs Center - telephone assistive devices and services for persons with disabilities).....	(800)433-8505
Beaumont Hospital Eye Institute, low vision services.....	(248)551-2020
BFA Remodeling.....	(734)414-9525
Deaf Community Advocacy Network..... www.deafcan.org	(248)332-3331
Disability Network..... www.dnmichigan.org	(586)268-4160
Friends of Vision (Detroit Institute of Ophthalmology) (Will loan and sell low vision aids)..... www.eyeson.org	(313)824-4710
Greater Detroit Agency for the Blind & Visually Impaired..... www.gdabvi.org	(313)272-3900
Learning Ally (Learning Through Listening audio textbooks)..... www.learningally.org	(800)221-1098
LifeLine Phillips.....	(800)480-9644
Low Vision – Detroit Radio Information Service Audio Program Hotline (Reading service: newspapers, magazines and consumer information for persons with low vision)..... www.drisc.org	(313)577-3322
Michigan Relay Center for Hearing or Speech Impaired.....	(800)930-2580
Michigan Ramps..... www.michiganramps.com	(855)647-2677

NOVI Senior Center (Medical Loan Closet).....	www.cityofnovi.org	(248)347-0414
Social Security.....	www.ssa.gov	(800)772-1213 TTY (800)325-0778
State of Michigan Commission for the Blind.....	www.michigan.gov/bspb	(800)292-4200
Secretary of State (handicapped parking permit).....	www.michigan.gov/sos	(888)767-6424
Telephone Reassurance (FH Adults 50 & Better in the Costick Center)..... (Daily telephone calls are made to older or disabled people who live alone or are temporarily alone to check on their well being.)		(248)473-1830
Tub Transformations.....	www.tubtransformations.com	(248)660-5174

Housing

Alternatives for Seniors (resource guide to senior housing and services)..... www.alternativesforseniors.com		(800)350-0770
Center for Independent Living.....	www.dnom.org	(248)359-8961 (800)284-2457
Oakland County Housing Counseling (Reverse Mortgages, general housing counseling, etc.).....	www.advantageoakland.com/CPHA	(248)858-5402
OLHSA Housing & Energy Assistance.....	www.olhsa.org	(800)482-9250 (248)542-5860
US Dept. of Housing and Urban Development (HUD).....		(313)226-7900
Warming Center (Farmington Area).....		(248)473-1830

Information about Nursing Homes

Area Agency on Aging 1-B (Call for information about housing and housing options for older adults).....	www.aaa1b.org	(800)852-7795
Centers for Medicare & Medicaid Services..... This site contains the "Guide to choosing a nursing home" which includes long termcare options, definitions, payment for services and care, how to assess a nursing home, and a variety of issues related to nursing home living.	www.medicare.gov	(800)633-4227
Consumer Guide to Michigan Nursing Homes (Jointly released by: Health Care Assoc. of Michigan; Michigan County Medical Care Facilities Council; Michigan Assoc. of Homes and Services for the Aging)..... Elder Abuse (institutional).....		www.hcam.org (800)882-6006
Health Care Association of Michigan..... (Call for a copy of the Consumer Guide to Michigan Nursing Homes)		(517)627-1561
International Network for the Prevention of Elder Abuse & for information on World Elder Abuse Awareness Day.....	www.inpea.net	
Michigan, (State of) Medicaid Bill Problems.....		(800)642-3195
Mich L/T Care Ombudsman Medicare/Nursing Home Helpline.....		(586)295-0367

Oakland County Dept of Human Services..... (248)262-6400
 Senior Housing for low income/disabled.....www.csi.coop (586)753-9002

Assisted Living Facilities

Adult Foster Care search & license status..... www.lara.state.mi.us
 Anthology of Farmington Hills.....www.caring.com/senior- (248)660-0982
 living/Michigan
 Arden Courts (secured housing for wandering).....www.arden-courts.com (248)426-7055
 Botsford Commons-A Beaumont Community.....www.botsford commons.org (248)477-7400
 Brookdale Farmington Hills.....www.brookdale.com (248)539-0104
 Haworth Center, Baptist Manor..... www.assistedlivingfacilities.org (248)539-3131
 Sunrise Assisted Living of Farmington Hills.....www.sunriseseniorliving.com (248)538-9200

Nursing Homes

Botsford Rehabilitation and Continuing Care Center.....www.botsford.org (248)477-7400
 The Manor of Farmington Hills.....www.cienahealthcare.com (248)476-8300
 Medilodge of Farmington Hills.....medilodgeoffarmington.com (248)477-7373

Group Homes

Aleardi's Place.....www.aleardiplace.com (734)788-3000
 Grand Oak Residential Senior Living.....www.grandoakseniorliving.com (248)571-8077
 Briar Hill Group Home.....www.briarhillliving.com (313)574-8299
 Greencastle Family Care.....greencastlefamilycare.com (248)987-4007
 Orchard Manor.....seniorcareinmichigan.com (248)321-2378
 Wisteria Senior Care.....wisteriacare.net (313)995-3214

Retirement Residences

American House - Farmington Hills.....www.americanhouse.com (248)471-9141
 The Baptist Manor.....www.thebaptistmanor.org (248)626-6100
 Botsford Commons Community.....www.botsfordcommons.org (248)426-6903
 Carrington Place Apartments (248)471-1780
 www.carringtonplace.huntingtonmanagement.com
 Farmington Place..... (248)478-8544
 Freedom Square Apartments.....www.freedom.squares@yahoo.com (248)442-7250
 The Grand Court Farmington Hills.....www.brookdaleliving.com (248)476-7478
 Halstead Place.....www.halsteadplace.com (248)489-8988

Sanctuary at Marian Oakland.....	www.trinityseniorsanctuary.org	(248)474-7204
Tapiola Village Apartments.....		(248)471-3802
Westbrook Place.....		(248)471-1908

**For a list of area assisted living, nursing and retirement facilities, contact:
FARMINGTON HILLS ADULTS 50 & BETTER..... (248) 473-1826**

Legal Assistance

AARP Legal Services Network (offers reduced rates to members).....	www.aarp.org	(888)687-2277
Accettura & Hurwitz.....	www.elderlawmi.com	(248)848-9409
Buyers & Kulkarni, PLC.....	www.buyerslaw.com	(248)471-9100
Catholic Social Services of Oakland County.....	www.ccsoc.org	(248)559-1147
Elder Law of Michigan, Inc., legal hotline.....		(800)347-5297
Julie McCowan, Esq.LLC.....	www.mccowanlaw.com	(248)871-7644
Lakeshore Legal Assistance.....		(888)783-8190
Legal Counsel and Advocacy Law Line.....		(888)783-8190
Mall, Malisow & Cooney, P.C.....	www.teclf.com	(248)538-1800
Michigan Legal Help.....	www.michiganlegalhelp.org	
Oakland County Lawyer Referral.....		(248)338-2100
Oakland County Welfare Rights.....		(248)334-8117
Oakland Mediation Center.....	www.mediation-omc.org	(248)338-4280
Salvation Army William Booth Legal Aid Clinic (Southfield)		(313)361-6340
State Bar of Michigan Legal Resources and Referral Center.....		(800)968-0738
University of Detroit Law.....		(313)596-0200
Veterans' Law Clinic: George J. Asher Law Clinic 7651 Jefferson Ave. Detroit, MI		
Free clinic for veterans		

Organizations/Associations Clubs

AARP.....	www.aarp.org	(888)687-2277
Arab - American & Chaldean Council Services.....	www.myacc.org	(248)559-1990
Farmington Library.....	www.farmlib.org (list of area clubs on their website)	(248)553-0300
Goodfellows (Farmington Area Chamber of Commerce)		
Farmington/FH Neighborhood House.....	www.gfachamber.com	(248)871-2848
Jewish Community Center (West Bloomfield).....	www.jccdet.org	(248)661-1000
NAACP (Detroit Branch).....	www.detroitnaacp.org	(313)871-2087

Private Duty Care Services

Companionship, light housekeeping, personal care: bathing, toileting, dressing, eating. (non- medical)

Affordable Home Care.....	www.farmingtonhillshomecare.com	(248)419-5010
Angels at Home Care.....	www.angelsathomecare.com	(877)735-1050
Comfort Keepers.....	www.comfortkeepers.com	(800)248-0600
Senior Helpers.....	www.seniorhelpersmi.com	(248)865-1000
Synergy Home Care.....	www.synergyhomecare.com	(248)919-1244

Support Groups

Al-Anon Family Groups (for Family & Friends of Alcoholics).....	www.oaklandafg.org	(248)706-1020
Alcohol Anonymous.....		(248)332-3521
Alzheimer's Association (caregiver support groups).....	www.alz.org/gmc	(800)272-3900
Alzheimer's Dial-in phone group 1 st Tues/Month 12PM (Call in advance).....		(248)865-1000
American Cancer Society (Great Lakes Division).....	www.cancer.org	(800)227-2345
Area Agency on Aging 1B.....	www.aaa1b.org	(800)852-7795
Brain Injury Support Group (Meetings at F.H. Adults 50 & Better Costick Center)...		(248)473-1830
Cancer Support Community.....	www.cancersupportcommunity.org	(888)793-9355
Caregivers (Meetings at F.H. Adults 50 & Better, Costick Center).....		(248)473-1830
Grief & Loss Support Group (Meetings at F.H. Adults 50 & Better Costick Center).		(248)473-1830
Low Vision Support Group (Meetings at F.H. Adults 50 & Better, Costick Center).....		(248)473-1830
Mich. Problem Gambling Helpline.....		(800)270-7117
National Family Caregivers Association (This site provides information about care giving for caregivers).....	www.nfcares.org	(800)896-3650
National Stroke Association.....	www.stroke.org	(800)787-6537
Oakland Family Services (alcohol, substance abuse & mental health counseling - bi-lingual).....	www.oaklandfamilyservices.org	(248)858-7766
Stroke Support Group (Meetings at F.H. Adults 50 & Better, Costick Center).....		(248)473-1830

Transportation

- Farmington Hills Adults 50 & Better Transportation Dept..... (248)473-1864**
- Curb-to-curb van service for seniors and disabled residents of Farmington and Farmington Hills
 - Transportation is available Monday - Friday, 8:30 am - 4:00 pm
 - Call to make a transportation reservation
 - Advance notice required
- Smart Bus System.....www.smartbus.org (866)962-5515
- Veterans Transportation Services.....www.oakgov.com/veterans
- Pontiac (248)858-0785
S.E. Oakland (248)655-1250

Telemarketing Calls

- Eliminate Unwanted Telemarketing Calls by filing a complaint with the Attorney General Consumer Protection Division.....www.michigan.gov/AG (877)765-8388
- To have your name removed from telemarketer solicitation lists, contact the Direct Marketing Assoc./Telephone Preference Service website.. www.the-dma.org

Telephone Services for Hearing Impaired

- Michigan Relay Service (TTY/TDD).....www.hamiltonrelay.com Dial 7-1-1

Utilities

- Consumers Energy - Senior Citizens Rate. www.consumersenergy.com (800)477-5050
Winter Protection Program (eligibility requirements) Enroll Nov. 15 - April 1
- OLHSA Project Warmth, (Oakland Livingston Human Services Agency - will weatherizehomes - based on income).....www.olhsa.org (248)542-5860
- The Heat and Warmth Fund (for assistance with utility bills).....www.thawfund.org (800)866-8429

Veterans

- American Red Cross - Service to Military Families..... (800)552-5466
- Great Lakes National Cemetery..... (248)328-0386
- Oakland County Veterans Service.....www.oakgov.com/veterans (248)858-0785
- U.S. Veterans Administration, Detroit Regional Office.....www.va.gov (800)827-1000
- Vietnam Veterans of America.....www.vva.org (800)882-1316

Volunteering/Employment

Beaumont Farmington Hills Hospital (volunteering).....	(248)882-7800
CARES Food Pantry.....www.cares.fh.org	(248)471-8082
Community Network Services.....www.cnsmi.org	(248)745-4900
Farmington Hills Adults 50 & Better (volunteering).....	(248)473-1830
Farmington Community Library Volunteer Program Farmington Branch & Main Library.....www.farmlib.org/volunteering	(248)553-0300
Farmington Hills Focus Hope (drivers needed) (volunteering).....	(248)473-1826
Farmington Hills Costick Center Gift Shop (volunteering).....	(248)473-1826
Farmington Hills Home Chore (minor home repairs) (volunteering).....	(248)473-1830
Hospice of Michigan.....www.hom.org	(888)247-5701
Jewish Vocational Services – W. Bloomfield (employment)..www.jvsdet.org	(248)559-5000
Job Networking Groups Directory (employment)..... www.ctsministries.org	
Meals on Wheels (food packers & drivers needed) (volunteering).....	(248)473-1825
Michigan Works Oakland County(employment).....www.michiganworks.org	(248)796-4550
Samaritan Counseling Center, SE Michigan..... www.samaritancounselingmichigan.com	(248)474-4701
Senior Adults Giving To Education (SAGE) (volunteering).....	(248)473-1822
Telephone Reassurance (volunteering) (Farmington Hills Adults 50 & Better located in the Costick Center)(Calls are made from the volunteer's home).....	(248)473-1830

Voter Information

To request an absentee ballot and any additional voting inquiries, please contact the City Clerk's Office by calling:

Farmington City Hall.....	www.fhgov.com	(248)474-5500
Farmington Hills City Hall.....	www.ci.farmington-hills.mi.us	(248)871-2410

City Councils

CITY OF FARMINGTON HILLS

www.fhgov.com
 Vicki Barnett, Mayor
 Mary Newlin, Mayor Pro Tem
 Jackie Bolware
 Michael Bridges
 Randy Bruce
 Valerie Knol
 Ken Massey

CITY OF FARMINGTON,

www.ci.farmington.mi.us
 Sara Bowman, Mayor
 Joe LaRussa, Mayor Pro Tem
 Johnna Balk
 Steven Schneemann
 Maria Taylor

47th District Court Judges

James B. Brady and Marla E. Parker

COUNTY SEAT

1200 N. Telegraph Road
Pontiac, MI 48341
Toll Free: (888) 350-0900
www.oakgov.com

State Officials

Governor	www.michigan.gov/gov	Gretchen Whitmer (517) 373-3400
Lieutenant Governor	www.michigan.gov/lsgov	Garland Gilchrist (517) 373-6800
Secretary of State.....	www.michigan.gov/sos	Jocelyn Benson (517) 373-2510
Attorney General.....	www.michigan.gov/ag	Dana Nessel (517) 373-1110

State Senator

P.O. Box 30036, Lansing, MI 48909

Jeremy Moss (D).....	Sen J Moss@senate.michigan.gov	(517) 373-7888
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State Representative

P.O. Box 30014, Lansing, MI 48909-7536

Samantha Steckloff (D).....	samanthasteckloff@house.mi.gov	(517) 373-1793
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United States Senators

Gary Peters (D).....	www.peters.senate.gov	(202) 224-6221 (586) 573-8260
Debbie Stabenow (D).....	www.stabenow.senate.gov	(202) 224-4822 (313) 961-4330

United States Representatives

Brenda Lawrence (D).....	www.lawrence.house.gov	(248) 273-4227
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County Commissioners

William Miller (R).....	wmiller@oakgov.com	(248) 858-0100
Marcia Gershenson (D).....	gershensonm@oakgov.com	(248) 858-0100

City of Farmington Hills



EMERGENCY NUMBERS

AMBULANCE, POLICE, FIRE, MEDICAL EMERGENCY.....	911
POISON CONTROL CENTER.....	(800)222-1222
INSTITUTIONAL (nursing home complaints).....	(800)882-6006
HAVEN (Women’s domestic violence and abuse hotline).....	(248)334-1274
COMMON GROUND SANCTUARY 24 hr. crisis line/referral line.....	(800)231-1127
Farmington Hills:	www.fhgov.com
Police.....	(248)871-2600
Fire.....	(248)871-2800
Farmington:	www.ci.farmington.mi.us
Police and/or Fire.....	(248)474-4700

CITY SERVICES

	www.fhgov.com
Adults, 50 & Better (Located in the Costick Center).....	(248)473-1830
Farmington City Hall, 23600 Liberty St.....	(248)474-5500
Farmington Hills City Hall, 31555 W Eleven Mile.....	(248)871-2400
Commission on Aging.....	(248)473-1830
Costick Center.....	(248)473-1830
City of Farmington Hills Council Newsline.....	(248)871-2511
Cultural Arts.....	(248)699-6700
Farmington Hills Golf Club.....	(248)476-5910
Farmington Community Libraries.....	(248)553-0300
The Hawk.....	(248)699-6700
Ice Arena.....	(248)473-1810
Nature Center.....	(248)473-1870
Post Office - 32455 W. 12 Mile Rd.....	(248)324-3485
Recreation Office.....	(248)699-6700
Recycling & Refuse Collection:	
Farmington.....	(248)473-7250
Farmington Hills.....	(248)871-2850
Youth Center.....	(248)871-2846